

# GENERAL RULES AND PROTOCOL FOR COMPETITIONS OF TAOLU - FORMS QUANTONG WUSHU "TRADITIONAL WUSHU" JINDAY WUSHU "MODERN WUSHU" NEI JIA "Internal Styles" and WAI JIA "External Styles"

### CHAPTER 1 - General rules

### Art. 1 - COMPETITION FIELD

The competition field must have a smooth surface suitable for competition and the entire area must be free from protrusions and obstacles.

According to the size of the facility and according to the needs of the competition, in the field of

Race It is possible to set up one or more "race areas".

The measurements of each COMPETITION AREA are reported in the specific specialty regulations. The competition area is divided into:

- Internal area: this is the valid area for making the shape. For modern forms of Wushu a rug of size 14 in length X 8 in width is preferable. For traditional shapes a 10 x 10 square.
- Security Area, which surrounds the Inner Zone. This strip is 2 meters wide.

The two areas are distinct and visibly marked by carpet or adhesive tape.

Note: Anyone who enters the competition area without the authorization of the central judge or the competition field without the consent of the Clerk of the Course, can be disqualified from the competition and removed from the order service.

### Art. 2 - CHECK REGISTRATION

- 1. The control of the participants is carried out by the Officials appointed by the Clerk of the Course.
- 2. Any participant who does not show up by the deadline must be considered out of competition.

# Art. 3 - RACE TIME

Each specific regulation of the various specialties of the forms may provide for minimum and / or maximum times for the execution of the service.

Art. 4 - Uniform and equipment for competitors

Each specific regulation of the various specialties of forms provides for the uniform and any equipment to be used.

Athlete Equipment Appendix:

- 1. Competitors and their equipment must be clean and tidy.
- 2. During the competition the participant can wear light gym shoes with flat soles.
- 3. Athletes must not wear clothing and objects other than those established by various style regulations.
- 4. It is absolutely forbidden to bring metal or hard plastic objects.
- 5. Athletes, at their own risk, may wear visual aids such as shatterproof goggles locked with a special headband or soft contact lenses.
- 6. At the eventual award ceremony, the Athletes (or whoever is on their behalf in case of justified absence due to injury or valid reasons) must show up on time and in traditional clothing or with social suit. Otherwise or unjustified delay in the ceremony, the Athlete loses the right to receive the prize (while not losing the title).
- Art. 5 Signals during the competition
- 1. Competitors must respect the signals of the Central Judge
- 2. The timekeeper must sound the gong or a whistle to signal the achievement of any minimum and maximum times if provided for by the specific regulations.

### Art. 6 - BEHAVIOR

- 1. Participants must respect the orders and warnings of the Central Judge.
- 2. The participant must follow the competition rules and behave with seriousness and sportsmanship. He must uphold moral values.

- 3. The participant must respect the decisions of the judges; objections must be communicated through the team manager or his / her coach to the Clerk of the Course.
- 4. Coaches remain seated in designated seats. It is forbidden to shout at the competitor during the competition.
- 5. All coaches and participants must follow a high ethical behavior sporty, away from the competition area.
- 6. Stimulants and other fraudulent practices are strictly prohibited. Random doping controls will be carried out.
- 7. It is forbidden to chew gum during the competition.

### Art. 7 - BREACHES

- 1. An Athlete who has been entered in the tournament but is unable to take part due to injury, illness or other reasons, must notify the Clerk of the Course prior to the start of the competition. His absence must be considered as a case of renunciation.
- 2. A participant is considered to have renounced when he does not show up after his name

has been called three times or is absent without permission after answering the call and does not show up on the square in time.

3. All athletes of all age categories must be in possession of a medical certificate

"Competitive" type (the type released for sports in which the "B1" KO is not required is sufficient). For categories with KO, the "Agonistic" B5 medical certificate complete with encephalogram and eye examination and electrocardiogram below is always mandatory effort, always check the age limit allowed by the specific regulations.

For children under 13 (pre-agonists) the certificate of healthy and robust physical constitution filled out on the appropriate forms according to the new certifications of the Ministry of Health is sufficient. For categories 13-35 and Over 35 the competitive certificate type "B1" both for tao lu and Taiji (only up to 40 years) and for traditional combat and for Qing Da without KO in light contact. For the categories with KO from 18 to 50 of Sanda combat the "B5"

For categories over 40 of Taiji, a medical certificate of good health according to the new regulations of the Ministry of Health is sufficient. For the categories of Tui shou aged 13-35 and +35 you must have the competitive certificate type "B1".

Copies of the medical certificates must be attached to the PWKA PASS at the disposal of the PWKA staff control and must be sent to the headquarters to be placed in the PWKA database.

If there are CONI regulations on the subject, these limits may be subject to variations.

Disabled athletes must also have the competitive medical certificate according to the rules laid down by the ITALIAN PARALYMPIC COMMITTEE.

International athletes will have to present a medical certificate from their country and sign a release.

In the absence of the appropriate certificates, the athlete cannot participate.

4. Each athlete must be accompanied by a coach duly registered in the PWKA or in the International competitions of the team or national coach who will check the correct registrations for the various competitions and will support the reasons for any disputes in the appropriate ways and in the correct locations.

The calls are interspersed as follows:

The announcer calls the Athlete in the race and invites the competitor to prepare for the next race; at the end of the match:

• 1st call and yes present .....; If an Athlete does not show up:

• after 1 minute: 2nd call

• after 30 seconds: 3rd call

If the called Athlete does not appear immediately on the third call, he is disqualified.

It is the timekeeper who is in charge of checking the interval times between one call and the next.

Art. 8 DISCLAIMERS

Each athlete must sign a release on privacy and their responsibilities in favor of the race organizer, for minors the signature of the parent or guardian will be valid.

### Art. 9 - TENDER PROTOCOL

- 1. At the call, the Athletes must present themselves in the Competition Area.
- 2. Competitors of traditional styles must salute their style when entering and leaving the competition area, for modern styles the salute must be done off the platform.
- 3. The called Athlete can position himself, to start his performance, in any one

point inside the Competition Area, but always in front of the jury table.

- 4. Competitors at the beginning and at the end must salute the central judge.
- 5. Athletes can start their race upon recommendation of the Central Judge.
- 6. Competitors, at the end of their test, must leave the competition square at the signal of the central judge.

**CHAPTER 2 - Match Officials** 

### Art. 10 - COMPOSITION OF THE JURY

### 1. Clerk of the Course

He is appointed by the National Council; is the general responsible for the conduct of the competition, controls and coordinates the races and times on the platforms; check the equipment arranges the general organization of the competition field (s); coordinates the work of

Race Officials and checks their tightness; responds to questions, problems and appeals to him

proposed; decides on the solution of problems that arise during the competition according to the regulations but does not have the right to change these rules; must give directions to the group of arbitrators by checking any disputes.

Submits to the attention of the P.W.K.A. Italy, a written report on the progress of the race.

The Clerk of the Course can be assisted by "an assistant and a head in charge of the notes" "who assist him in his work and replace him in case of temporary absence. and tools, during the race they prepare and summon the athletes of the following races at least 20 minutes before and take care of the collection of the race sheets already made to prepare the awards and the compilation of any company rankings for the assignment of trophies or national titles.

# 2. Central judge (Chief judge of the platform):

One for each competition area. He is responsible for the organization and work of the judges of his group. It is placed in the center of the side near the Jury Table for the shape competitions or in the center of the platform for the combat ones and gives the orders; is the manager of the Area and monitors its general performance; examines competitors' uniforms and equipment when called to the platform; check the entrances and exits from the Competition Area with commands and gestures and that the competition rules are respected; assigns the general penalties, reporting the penalty to the Jury table for registration; decides the disqualification of the competitor in case of serious misconduct, after the convocation of

the side judges; decides the interruption and continuation of the tests for contingent reasons; orders the vote at the end of each performance and at the same time as the Co-Judges, must report the judgment with the appropriate numbers; has the last word when there is a dispute between the judges; decides on obvious errors of judgment that can modify the correct result, after having summoned the Co-Judges.

# 3. Co-Judices or Lateral Judges:

a minimum of two to a maximum of four for each race area. They are placed at the corners of the race area; they assist the Central Judge in the control of uniforms and equipment of competitors; they assist the central Judge by reporting anomalies,

dangers or misconduct, calling his attention; they give their sincere opinion on each stage of the race when this is requested by the Central Judge; they attribute points in the competition respecting the rules; may ask for clarification on the decisions taken by the Central Judge; they are summoned by the Central Judge to express a judgment in the event of disqualification of a competitor or in particular cases that occur during the competition. At the end of each performance must report, simultaneously

to the central Judge, their score with the appropriate numbers.

At the Jury table (minimum two for each Competition Area):

A. Computer Jury Secretary:

Check the identity of the competitors and that they have been correctly registered, assisting the Race Director and the Head in charge of the notes; assists the competitors in the weight operations; accepts or rejects the competitors (e.g. / check that the competitor is in possession of all the requisites required to participate in the race); check the compilation of the competition boards and the regular registration of

athletes; provides the list of competitors accepted for public transcript; announces upcoming races; announces the results of the performances; records the penalties and the exits from the competition platform reported by the Central Judge; checks, reading aloud, and transcribes (or has the assistant transcribe) the judgment of all the Judges at the end of each test, reporting and calculating the final result. Sign the game boards. B. Jury Assistants:

They assist the Secretary of the Jury for the institutional tasks by announcing and preparing the tender sheets.

# C. Computer timekeeper:

Checks and makes sure that the chronometers are working properly; checks the race time; starts a minute of stall on request the Central Referee; checks the intervals between the calls of the athletes in the race; provides the timing signal if required by specific regulations.

### D. The Doctor:

He must give his professional opinion when requested by the Central Judge. If the doctor declares that an Athlete is no longer able to continue the match, the Judge must respect this decision. The medical committee must be formed for minor races by 1 doctor and depending on the number of participants for national and international competitions by more doctors in proportion to the importance and number of participants.

# E. Commission or Commissioner of Arbitrage:

The Commission or the Commissioner,

The Commission or Commissioner, appointed by the Council of the PWKA works under the direction of the Organizing Committee and is composed for the minor races by one person and by 3 for the higher races. Its tasks are to accept complaints from participating teams that have objections to the actions of arbitrators.

Once the complaint has been received, the committee must try to resolve

it immediately in order not to stop the race.

In case of need can review the videotaped images and if it is the case takes decisions on the ratification or homologation of the arbitral verdict, you must abstain if the decision is made on athletes of their own company. The decision of the committee or the arbitrage commissioner is final.

F. Commission for the monitoring of tenders:

The Board of Directors of the PWKA is responsible for monitoring and, if necessary, referring serious irregularities of the Arbitrage Commissioner, the Tender Director, the Chief Arbitrator and the Arbitrators.

Art. 11 - Uniform for race officials

The invited Officers must wear the uniform as a result of:

- dark blue jacket or dark blue sweatshirt
- white shirt referees and red or white shirt head referee
- dark blue tie
- grey trousers
- grey, black, blue or white socks
- Black or White Lightweight Gymnastics Shoes during Arbitrage
- badge P.W.K.A. on the chest of the jacket on the left
- In the summer the Referees can direct the meetings by removing the jacket, after the ceremony of the initial greeting, by pinning the badge on the left side of the chest of the white shirt, also with short sleeves, with dark blue tie. or with the polo with the badge on the left side of the chest.
- Special shirts or sweatshirts may be used at the discretion of PWKA.

**CHAPTER 3 - Final rules** 

### Art. 12 - COMPLAINTS OR APPEALS

- 1. No one can claim personally with the Race Officials about their decisions.
- 2. Technical decisions on driving and penalties are

## UNQUESTIONABLE.

- 3. Complaints can only be about transcription errors on Athletes' registration boards or the result wrongly calculated. Any other complaints must be made in writing. (see n.6)
- 4. All complaints, must be submitted to the Commissioner of Arbitrage or failing the

Race Director before the race continues definitively regarding factual errors in the transcript on the scoreboards.

5. The competitor must respect and obey the decisions of the judges and any objections

must be presented by their coach.

6. If you feel unfairly damaged by external and/or internal conditions of the competition, you can submit a complaint to the race director PWKA immediately after having suffered the alleged injustice injustice

### Art. 13 - OTHER RULES NOT SPECIFIED

- 1. For matters not provided for by these rules, it is competent to decide the Director of Competition with the help of the Officers of Competition.
- 2. In the absence of all the staff, the tender officers may have several tasks in the same race at the same time